

U.S.D. 244 RECREATION

1110 Shea, Burlington, Kansas 66839
(620) 364-8484



YOUTH ACTIVITIES

Publication Date: FALL 2009

Indistrict registration begins Sept 10. Out of district registration begins Sept. 15, 2009.

BINGO

Thursday is Bingo night. Stop by to try your luck at winning snacks!

Tuesday, 3:30 p.m. beginning October 6
Conference Room

CRAFTS FOR KIDS

From cooking to crafts, enjoy a little after school fun. These activities begin @ 3:30 p.m. A limited number of kids will be able to take most of these classes, so those interested should pick up a pass card after school at the front desk on the night of the activity.

Tuesdays, 3:30 p.m.
Sept. 17 – Dec. 17
No Fee
Conference Room

AFTER SCHOOL FUN!

Hey kids, after a full day of sitting at your desks, come to the Rec for some active fun. The activity for the month of September will be soccer skills and scrimmage time. During October the 1st and 2nd graders will play kickball, while the 3rd through 6th graders will play flag football.

Soccer Skills
Beginning September 1
Tuesdays, 4:15-5:00 p.m., Grades 1 and 2

Soccer Skills
Beginning September 3
Thursdays, 3:45-5:00 p.m., Grades 3-6

Kick Ball
Beginning October 13
Tuesdays, 4:15-5:00 p.m., Grades 1 and 2

Flag Football

Beginning October 1
Thursday, 3:45-5:00 p.m., Grades 3-6

MOVIE DAY

Settle in with a 25 cent bag of popcorn and enjoy a G or PG rated movie in the conference room at the Rec. All ages are invited to join the fun as long as they are willing to watch the movie quietly. Bring \$\$ for popcorn.

Wednesday, 3:30 p.m.
September 9, October 14, November 11, and
December 9

KIDS A COOKIN'

Learn simple fun-filled recipes that you can have a "hand" in helping with. Many of them are things you can do on your own at home. Janae McNally from KSU Research and Extension will lead this class.

Wednesdays, 3:30-4:15 p.m.
September 30, October 7, 14
Grades K & up
Fee: \$6
Limit: 15

ARTISTS

EXTRAORDINAIRE

Come to the Rec on Tuesday, October 6 and join the fun of creating a masterpiece on the parking lot east of the Rec Center. The parking lot will be blocked off and you will be allowed to draw with chalk until your heart's content! Rain Cancels.

Tuesday, October 6
4:15 – 5:00 p.m.
All ages

AFTER SCHOOL BOWLING

Bowling is a great sport, so join the fun as the Rec transports kids to South 75 Lanes on Tuesdays during November. The bowling alley will have people on hand to help the kids learn to bowl. Each participant will get a small drink, snack, shoes and their bowling each week.

Tuesdays, 3:30-4:45 p.m.

November 3, 10, 17, 24

Ages: 6 & up

Fee: \$30 (payable to Burlington Rec Center)

NOTE: Please pre-register by October 30.

OKINAWAN KARATE & TOMIKI-RYU AIDIDO

Learn traditional forms of katas, blocks, and kicks. Learn and gain balance, self-discipline, confidence, and endurance. You will learn equal left and right motor skills and much, much more. Sensei Michael Cofer has had over 20 years of experience. Interested persons can stop by and talk to the instructor before or after his classes. For more information, call Michael at 364-2882 or 913-683-0072.

Tuesdays and Thursdays, Ongoing

Ages 6 – 12: 6:30 – 7:05 p.m.

Ages 13 – Adults: 7:05 – 8 p.m.

Limit: 12/class

Fee: Youth \$10/month; Adults \$16/month

NOTE: Fee must be paid at the beginning of each month. Those not paid by the 10th of the month will be assessed a \$5 late fee.

Fee is payable to Burlington Rec Center.

JUNIOR LADYCAT VOLLEYBALL

Start learning the basics of volleyball from some of the best. Burlington High School Volleyball coach, Jenny Anderson, and her team will be “passing” it on to the future and teaching the basics of volleyball. After four practice nights you will have a game night to “show off” your skills.

Wednesdays, 3:30-4:15 p.m.

Sept. 2 - 23

Game Night: September 30, 5:30 p.m.

Meet at the High School gym (you can ride the shuttle bus there)

Fee: \$12 (includes a t-shirt)

YOUTH VOLLEYBALL LEAGUE

This volleyball league is for 5th and 6th grade girls, designed to give them their first experience with organized volleyball. Skill development and sportsmanship will be stressed, with competition being downplayed. Games will be played once a week on Mondays at the Burlington Rec Center. Registration ends September 2. Volunteer coaches are needed.

Games begin Sept. 21

League will run approx. 6 weeks

Fee: \$15 Indistrict; \$20 Out of District; (\$3 late fee if paid after Sept. 2) Fee includes a t-shirt

POM PON

Join this performing group to work on rhythm, coordination, and dance moves. Participants will perform several times throughout the year at various sporting events. Girls 5th grade or older may register. The fee covers classes from September through early May.

Salli Stewart/Hannah Hanners

Mondays, Beginning September 14

Ongoing through May Daze

Grades 5 & up, 3:30 – 4:15 p.m.

Fee: \$40 (there will be an additional uniform fee)

Aerobics Room

BEGINNING TWIRLING

Learn twirling fundamentals and a simple routine to perform at the half-time of a boys basketball game. If you do not have a good baton, wait until after the first practice to purchase one. This class is for those who have never twirled before and are 1st grade and older. The fee covers class from Oct. through early May. The winter performance will be February 19.

Salli Stewart

Thursdays, 3:30-4 p.m.

Beginning October 1

Ongoing through May Daze

Fee: \$40

Aerobics Room

INTERMEDIATE TWIRLING

Girls joining this class will perform at least three times this school year. Girls who have had one year of twirling or more may sign up. Registration begins immediately. Fee covers classes from September through May Daze.

The winter performance will be either
January 15 or February 19

Salli Stewart

Thursdays, Beginning September 17

Ongoing through May Daze

Grades 2 & 3, 4:00-4:30 p.m.

Grades 4 & up, 4:30 - 5 p.m.

Fee: \$40

Aerobics Room

CHEERLEADING

Go Big Red! Cheer the Wildcats on to victory and perform at the half-time of the varsity boys basketball game. You will learn sideline chants, floor cheers, jumps and a short dance routine. The fee covers instruction and a t-shirt. The performance will be December 11.

Salli Stewart

Tuesdays, Beginning October 27

Grade 1, 3:30-4:00 p.m.

Grades 2 & 3, 4:00-4:30 p.m.

Grades 4 & up, 4:30-5:00 p.m.

Fee: \$25 Indistrict; \$33 Out of District

Aerobics Room

SPANISH FOR KIDS

Learn to speak basic Spanish. You will learn such things as how to count, parts of the body, greetings, parts of your home, etc. Kids grades K-5 are encouraged to take this class.

Rosa Hammond

Monday & Wednesday, 4 – 5 p.m.

Sept. 28 – Nov. 18

Grades: K and up

Fee: \$24

Limit: Minimum 8; Maximum 12

Old Childcare Room

BOYS NIGHT OUT

This overnighter at the Rec Center is for boys in grades 1-6 and offers an opportunity for children to have fun in a supervised environment. At the lock-in, participants are supervised at all times by Recreation staff. Activities offered will include swimming, gym activities, late-night movie and night tag. Pizza will be provided after the evening swim. Bring pillow, sleeping bag, swim suit/towel.

Thursday, October 29

8:00 p.m. – 7:00 a.m.

DEADLINE TO REGISTER IS

WEDNESDAY, OCTOBER 28. A late fee will
be added after this!!

Fee: \$15

Late Fee: \$5

Rec Center

PRIVATE SWIM LESSONS

For those children or adults who do not learn well in a group setting, this is just for you. Private lessons will be four, 30-minute sessions. Classes will begin at 4 p.m. and will be scheduled on the half hour.

Mondays & Wednesday

October 19, 21, 26, 28

Minimum Age: 4 years old

Fee: \$50 Indistrict; \$54 Out of District

YOUTH BASKETBALL

Boys and girls, grades 3-6, are eligible to participate in Burlington's competitive basketball league. Practices will begin after teams are selected. Games will be played on Saturdays, beginning January 3. The season will last approximately 6 weeks.

Registration Deadline: November 30

Fee: \$20 Indistrict; \$25 Out of District

Late fee: \$3.00

INSTRUCTIONAL BASKETBALL

Kids in grades 1 and 2 can learn more about the game of basketball by participating in our annual instructional basketball clinic. This clinic is conducted by Coach Dirk Over and the Burlington Wildcat varsity team on

Wednesdays from January 6 – January 27.
The final day is scheduled as a game day.

Wednesdays, January 6 - 27

First Grade: 3:30-4:15 p.m. Game day-4:30
Second Grade: 4:15-5:00 p.m. Game day-5:15
Fee: \$14 Indistrict (covers cost of clinic and a t-shirt); \$17 Out of District
Rec Center Gym

BURLINGTON INVITATIONAL BASKETBALL TOURNAMENT

Area 5th and 6th grade boys and girls teams will compete in this tournament. The first eight teams that register will be taken in each group. This year both the girls and boys will play on February 20 and 21. Pool play will be used, with all teams being guaranteed six games.

Dates: February 20 and February 21

Fee: \$150.00

Location: Elementary, Middle School, High School, Rec Center

BURLINGTON WRESTLING CLUB

The Kid's Club is entering its sixteenth year. The Club is open to boys and girls ages 5 – 14 who want to develop their wrestling skills and attend area tournaments. Wrestling is a great sport for young people to learn self-confidence, self-discipline, and self-defense. Practices will be held twice a week and tournaments will be on weekends. The fee covers four tournaments held during January, February and March. A parent's orientation meeting will be held the first night of practice in the High School Commons. Volunteer coaches are needed—training will be provided. If you are interested, please contact Doug VanderLinden at 364-2504.

Ages: 5 – 14

Practices: Tuesdays & Thursdays

Beginning: TBA

Times: TBA

Fee: \$57.00

High School Wrestling Room (enter through NW doors)

RECREATIONAL WRESTLING

Kids interested in wrestling but not in competing in tournaments will get the opportunity to learn more about the sport by enrolling in this program. Participants will learn basic wrestling holds and terminology. The Burlington High School wrestling team, under the direction of Coach Doug VanderLinden, will run practices. Practices will be held once per week for four weeks, followed by a local tournament. Each participant will get a

Burlington wrestling t-shirt and will also earn a medal for being involved in the local tournament.

Date & Time: TBA

Fee: \$15 Indistrict; \$20 Out of District
High School Wrestling Room (enter through the NW doors)